

FAR First Aid Responder - Refresher

Safety courses

Covid-19

Fire Safety

Manual Handling

First Aid

Water Safety

RPE

Ergonomics

Harness Safety

Safety At Heights

People Handling

Family First Aid

Construction First Aid

Sports First Aid

This course is perfect for anyone who is required to act as first aider in their place of work, community group, voluntary organisation and in the home. It is also a fantastic introduction to providing emergency care and using a defibrillator.

Examination and Assessment is both practical and written and is held on Day 3 of the course.

This PHECC accredited First Aid Response course awards certificates which are valid for 2 years. A 2 day refresher course is required after two years to stay in certification.

All Kennedy Health and Safety Group instructors delivering this course are Cardiac First Response Instructors registered with the Pre Hospital Emergency Care Council, First Aid Response Instructors registered with PHECC and hold a QQI trainers award for delivery of Occupational First Aid. This course is run to current Pre Hospital Emergency Care Council education and training standards and current HSA standards.

Upon completion of a recognised First Aid Response course the student will be able to:

1. Recognise and Assess the causes and effects of sudden illness and/or injury in a pre-hospital environment and call for emergency medical services.
2. React to such pre-hospital emergencies utilising their training and education.
3. Respond in a safe, effective, and appropriate manner to such emergencies utilising the First Aid Response skill set.
4. Record and Report actions and interventions taken while responding to and managing such incidents and during handover to emergency medical services.
5. Retain a caring attitude in their role as First Aid Responders. The learning objectives in the Standard refer to the management of adults and children unless stated otherwise.

Programme Objective:

This one day course covers a comprehensive range of topics to prepare the qualified Occupational First Aider to administer emergency care in the workplace. Participants will learn a high level of practical skill and theoretical knowledge, so that they can deal competently with any situation that may arise in the working environment.

Outline Syllabus:

There are eight modules in the Occupational First Aid Course:

1. First aid in the workplace.
2. Patient assessment.
3. Respiratory emergencies.
4. Cardiac first response.
5. Wounds and bleeding
6. Altered levels of consciousness
7. Musculoskeletal injuries
8. Burns and scalds, chemicals, electric shock

Training Method:

All will have hands on use of training mannequins and use training defibrillators (AED) for cardio pulmonary resuscitation (CPR) scenarios. A variety of skills will be demonstrated and practiced by the participants. As all our instructors are frontline paramedics they add real value to the course content.

Participant Profile:

This course is open to anybody who wishes to retain their Fetac qualification in occupational first aid.

Training Facilities:

AV equipment and flipchart. Relevant video clips to emphasise the theoretical background.

Assessment:

Written: 20%, Practical: 80%